/\* What does the app's SQL look like? \*/

Create table wellness (id integer primary key autoincrement, name text, calories integer, carbs integer, main\_ingredient text, mood text);

Insert into wellness (name, calories, carbs, main\_ingredient, mood) values ("Ice Cream", 100, 20, "Sugar", "Happy");

Insert into wellness (name, calories, carbs, main\_ingredient, mood) values ("Tuna Salad", 50, 5, "Tuna", "Sad");

Insert into wellness (name, calories, carbs, main\_ingredient, mood) values ("Chocolate", 200, 50, "Cocoa", "Ecstatic");

/\*Showing the full contents of the table prior to any updates/deletes\*/

SELECT \* FROM wellness;

/\*Updating the calories to 101 for id = 1\*/

UPDATE wellness SET calories = 101 WHERE id = 1;

SELECT \* FROM wellness;

/\*Deleting table entry for id = 2\*/

DELETE FROM wellness WHERE id = 2;

SELECT \* FROM wellness;

DATABASE SCHEMA

| [**wellness**](javascript:void(0))2 rows |
| --- |
| id (PK)INTEGER |
| nameTEXT |
| caloriesINTEGER |
| carbsINTEGER |
| main\_ingredientTEXT |
| moodTEXT |

QUERY RESULTS

| **id** | **name** | **calories** | **carbs** | **main\_ingredient** | **mood** |
| --- | --- | --- | --- | --- | --- |
| 1 | Ice Cream | 100 | 20 | Sugar | Happy |
| 2 | Tuna Salad | 50 | 5 | Tuna | Sad |
| 3 | Chocolate | 200 | 50 | Cocoa | Ecstatic |

| **id** | **name** | **calories** | **carbs** | **main\_ingredient** | **mood** |
| --- | --- | --- | --- | --- | --- |
| 1 | Ice Cream | 101 | 20 | Sugar | Happy |
| 2 | Tuna Salad | 50 | 5 | Tuna | Sad |
| 3 | Chocolate | 200 | 50 | Cocoa | Ecstatic |

| **id** | **name** | **calories** | **carbs** | **main\_ingredient** | **mood** |
| --- | --- | --- | --- | --- | --- |
| 1 | Ice Cream | 101 | 20 | Sugar | Happy |
| 3 | Chocolate | 200 | 50 | Cocoa | Ecstatic |